

# On a Problem of Gowers

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## 1. INTRODUCTION

In 1927, Van der Waerden proved his celebrated theorem about arithmetic progressions [1].

**Theorem 1.** *Let  $h$  and  $k$  be positive integers. There exists a number  $N(h, k)$  such that, for any positive integer  $N \geq N(h, k)$  and any partitioning of the set  $1, 2, \dots, N$  into  $h$  subsets, one of the subsets contains an arithmetic progression of length  $k$ .*

Let  $N$  be a positive integer. We set

$$a_k(N) = \frac{1}{N} \max\{|A| : A \subseteq [1, N] \text{ and}$$

$A$  contains no arithmetic progressions of length  $k\}$ , where  $|A|$  denotes the cardinality of  $A$ . In [2], Erdős and Turan conjectured that any set of positive density contains an arithmetic progression of a given length. In other words, they assumed that, for any  $k \geq 3$ ,

$$a_k(N) \rightarrow 0 \text{ as } N \rightarrow \infty. \quad (1)$$

Clearly, this conjecture implies the Van der Waerden theorem.

For the simplest case of  $k = 3$ , conjecture (1) was proved in [3] by Roth, who applied the Hardy–Littlewood method to show that  $a_3(N) \ll \frac{1}{\ln \ln N}$ . At present, the best upper bound for  $a_3(N)$  is due to Bourgain [4], who proved that

$$a_3(N) \ll \sqrt{\frac{\ln \ln N}{\ln N}}. \quad (2)$$

For an arbitrary  $k$ , conjecture (1) was proved by Szemerédi in 1975 [5]. However, Szemerédi’s proof uses difficult combinatorial arguments. An alternative proof was suggested by Furstenberg in [12]. His approach uses the methods of ergodic theory. Furstenberg showed that Szemerédi’s theorem is equivalent to the multiple recurrence of almost all the points in any dynamical system.

Behrend [7] obtained the following lower bound for  $a_3(N)$ :

$$a_3(N) \gg \exp\left(-C(\ln N)^{\frac{1}{2}}\right),$$

where  $C$  a computable positive constant. A lower bound on  $a_k(N)$  for an arbitrary  $k$  is given in [8].

Unfortunately, Szemerédi’s methods give very approximate upper estimates for  $a_k(N)$ , while the ergodic approach gives no estimates at all. Only in 2001 did Gowers [6] obtain a quantitative result concerning the rate at which  $a_k(N)$  approaches zero for  $k \geq 4$ . He proved the following theorem.

**Theorem 2.** *Suppose that  $\delta > 0$ ,  $k \geq 4$ , and  $N \geq \exp(\exp(C\delta^{-K}))$ , where  $C, K > 0$  are effective constants. Let  $A$  be any subset of  $\{1, 2, \dots, N\}$  with  $|A| \geq \delta N$ .*

*Then,  $A$  contains an arithmetic progression of length  $k$ .*

In other words, Gowers proved that, for any  $k \geq 4$ ,

$$a_k(N) \ll \frac{1}{(\ln \ln N)^{c_k}}, \text{ where the constant } c_k \text{ depends}$$

only on  $k$ .

In this paper, we solve the following problem: Consider the two-dimensional lattice  $[1, N]^2$  with the basis  $\{(1, 0), (0, 1)\}$ . Let

$$L(N) = \frac{1}{N^2} \max\{|A| : A \subseteq [1, N^2] \text{ and}$$

$A$  contains no triples of the form

$$(k, m), (k + d, m), (k, m + d), \text{ where } d > 0\}. \quad (3)$$

We refer to triples of the form specified in (3) as corners. In [9, 12], it was proved that  $L(N)$  tends to 0 as  $N$  tends to infinity. Gowers (see [6]) then asked what the rate of convergence of  $L(N)$  to 0 was.

In [11], Vu suggested the following solution this problem. We set  $\ln_{[1]} = \ln N$  and  $\ln_{[l]} N = \ln(\ln_{[l-1]} N)$  for  $l \geq 2$ . Let  $k$  be the maximum positive integer such that  $\ln_{[k]} N \geq 2$ . We then set  $\ln_* N = k$ . Vu proved that

$$L(N) \leq \frac{100}{\ln_*^{1/4} N}.$$

The main result of this paper is the following theorem.

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**Theorem 3.** *Suppose that  $\delta > 0$ ;  $N \geq \exp \exp \exp(\delta^{-c})$ , where  $c > 0$  is an absolute constant; and  $A \subseteq \{1, 2, \dots, N\}^2$  is an arbitrary subset with a cardinality of, at most,  $\delta N^2$ .*

*Then,  $A$  contains a triple of the form  $(k, m), (k + d, m), (k, m + d)$ , where  $d > 0$ .*

Thus, we prove the estimate  $L(N) \ll \frac{1}{(\ln \ln \ln N)^{C_1}}$ ,

where  $C_1 > 0$  is an absolute constant.

Moreover, we obtain the simplest lower bound for  $L(N)$ .

**Proposition 1.** *For any  $\varepsilon > 0$ , there exists an  $N_\varepsilon \in \mathbb{N}$  such that*

$$L(N) \geq N^{-\frac{\ln 2 + \varepsilon}{\ln \ln N}}$$

for all the positive integers  $N \geq N_\varepsilon$ .

The constructions that we have used develop the approach of [6, 10].

## 2. SCHEME OF THE PROOF

First, we give several definitions (see [6]).

Let  $A$  be an arbitrary set from  $\mathbf{Z}_N$  with  $|A| = \delta N$ . Let us denote the characteristic function of  $A$  by  $\chi_A(s)$ . The function  $f(s) = \chi_A(s) - \delta$  is called the balance function of the set  $A$ . Let  $D$  denote the closed disk of radius 1 centered at 0 in the complex plane.

**Definition 1.** A function  $f$  from  $\mathbf{Z}_N$  to  $D$  is said to be  $\alpha$  uniform if

$$\sum_k \left| \sum_s f(s) \overline{f(s-k)} \right|^2 \leq \alpha N^3. \tag{4}$$

We say that a set  $A$  is  $\alpha$  uniform if its balance function is  $\alpha$  uniform.

Let  $E_1 \times E_2$  be a subset of  $\mathbf{Z}_N^2$ , and let  $f: \mathbf{Z}_N^2 \rightarrow D$  be a function. We write  $f: E_1 \times E_2 \rightarrow D$  if  $f$  is zero outside  $E_1 \times E_2$ .

**Definition 2.** Let  $\alpha \in [0, 1]$  be a real number, and let  $E_1 \times E_2$  be a subset of  $\mathbf{Z}_N^2$ . A function  $f: E_1 \times E_2 \rightarrow D$  is said to be  $\alpha$  uniform with respect to a basis  $(\mathbf{e}_1, \mathbf{e}_2)$  if

$$\sum_{s, \mathbf{u}, \mathbf{r}} f(s) \overline{f(s + \mathbf{u}\mathbf{e}_2)} \overline{f(s + \mathbf{r}\mathbf{e}_1)} f(s + \mathbf{u}\mathbf{e}_2 + \mathbf{r}\mathbf{e}_1) \leq \alpha |E_1|^2 |E_2|^2. \tag{5}$$

Suppose that a set  $A$  is contained in some  $E_1 \times E_2$  and  $\chi(s) = \chi_A(s)$  is its characteristic function. Let us define the densities  $\delta_m = \delta_m^{\mathbf{e}_1}$  and  $\gamma_k = \gamma_k^{\mathbf{e}_2}$  as

$$\delta_m = \frac{1}{|E_1|} \sum_{p=1}^N \chi(m\mathbf{e}_2 + p\mathbf{e}_1),$$

$$\gamma_k = \frac{1}{|E_2|} \sum_{p=1}^N \chi(k\mathbf{e}_1 + p\mathbf{e}_2).$$

The function  $f(s) = (\chi(s) - \delta_m)\chi_{E_1 \times E_2}(s)$  is called the balance function of the set  $A$ .

We say that a set  $A \subseteq E_1 \times E_2$  is  $\alpha$  uniform with respect to a basis  $(\mathbf{e}_1, \mathbf{e}_2)$  if its balance function is  $\alpha$  uniform with respect to this basis.

Our first proposition is concerned with the situation where  $A \subseteq E_1 \times E_2$  is  $\alpha$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$  and the sets  $E_1$  and  $E_2$  themselves are  $\alpha$  uniform in the sense of Definition 4.

**Theorem 4.** *Suppose that a set  $A$  is contained in  $E_1 \times E_2$  and has the cardinality  $|A| = \delta |E_1| \cdot |E_2|$ ,  $|E_1| = \beta_1 N$ ,  $|E_2| = \beta_2 N$ , and the sets  $E_1$  and  $E_2$  are  $10^{-330} \beta_1^{24} \beta_2^{24} \delta^{132}$  uniform. In addition, suppose that  $A$  is  $\alpha$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$ ,  $\alpha = 10^{-108} \delta^{44}$ ,  $N \geq 10^{10} (\delta^4 \beta_1 \beta_2)^{-1}$ , and  $\sum_m |\delta_m - \delta|^2 \leq \alpha \beta_2 N$ .*

*Then,  $A$  contains a corner.*

If  $A \subseteq E_1 \times E_2$  is not  $\alpha$  uniform and  $E_1$  and  $E_2$  are arbitrary, then the following assertion is valid.

**Proposition 2.** *If  $A \subseteq E_1 \times E_2$  has the cardinality  $\delta |A| = |E_1| \cdot |E_2|$ ,  $\alpha > 0$  is a real number, and  $A$  is not  $\alpha$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$ , then there exist the sets  $G_1 \subseteq E_1$  and  $G_2 \subseteq E_2$  such that*

$$|A \cap (G_1 \times G_2)| > (\delta + 2^{-500} \alpha^{70}) |G_1| \cdot |G_2|, \tag{6}$$

$$|G_1|, |G_2| > 2^{-500} \alpha^{70} \min\{|E_1|, |E_2|\}. \tag{7}$$

We say that a two-dimensional arithmetic progression  $P$  is a regular square if  $P = P_1 \times P_2$ , where  $P_1$  and  $P_2$  are one-dimensional progressions of the same cardinality with equal differences.

**Proposition 3.** *Suppose that  $W_1, W_2 \subseteq \mathbf{Z}_N$  are sets;  $|W_1| = \beta_1 N$ ;  $|W_2| = \beta_2 N$ ;  $\zeta \in (0, 1)$  is a number;  $\alpha(s) = Ks^\rho$ ,  $K \in (0, 1)$ ,  $\rho \geq 4$ ; and  $a = \alpha(\zeta \beta_1 \beta_2)$ . In addition, suppose that a set  $A$  is contained in  $W_1 \times W_2$ ,  $|A| = \delta |W_1| \cdot |W_2|$ , and  $N \geq (Ca^{c_1})^{-(1/c_2)^{1/a}}$ , where  $C = 2^{1000\rho}$ ,  $c_1 = 100\rho$ , and  $c_2 = 2^{-128}$ .*

*Then, there exist a regular square  $P = P_1 \times P_2$ , where  $|P| \geq N^{c_2^{1/a}}$ , and sets  $R_1$  and  $R_2$  such that  $R_1 \subseteq (W_1 \cap P_1)$ ;  $R_2 \subseteq (W_2 \cap P_2)$ ;  $|R_1 \times R_2| \geq \zeta \beta_1 \beta_2 |P|$ ;  $R_1$  and  $R_2$  are*

$\alpha(\delta_{P_1}(R_1))^{1/2}$  and  $\alpha(\delta_{P_2}(R_2))^{1/2}$  uniform in  $P_1$  and  $P_2$ , respectively; and  $\delta_{R_1 \times R_2}(A) \geq \delta - 4\zeta$ .

**Scheme of the proof of Theorem 3.** Suppose that  $N_1 \in \mathbf{N}$  and  $J_1, J_2 \subseteq \mathbf{Z}_{N_1}$  are sets such that  $|J_1| = \omega_1 N_1$  and  $|J_2| = \omega_2 N_1$ . In addition, suppose that the set  $A$  is contained in  $J_1 \times J_2$ , contains no corners, and has the cardinality  $|A| = \delta |J_1| \cdot |J_2|$ . Finally, suppose that  $J_1$  and  $J_2$  are  $10^{-330} \omega_1^{24} \omega_2^{24} \delta^{132}$  uniform and  $N_1 \geq 10^{10} (\delta^4 \omega_1 \omega_2)^{-1}$ . Let us prove that there exist subsets  $J_1$  and  $J_2$  of the sets  $I_1$  and  $I_2$  and a subset  $A'$  of the set  $A$  such that

- (i)  $A' \subseteq I_1 \times I_2$ ,
- (ii)  $|A'| \geq (\delta + 10^{-10000} \delta^{3500}) |I_1| \cdot |I_2|$ ,
- (iii)  $|I_1|, |I_2| \geq 10^{-10000} \delta^{3500} \min(\omega_1 N_1, \omega_2 N_1)$ .

Let  $\alpha_1 = 10^{-108} \delta^{44}$ . If  $\sum_m |\delta_m - \delta|^2 > \alpha \omega_2 N$ , then the

existence of the sets  $I_1, I_2$ , and  $A'$  with the required properties is obvious. If the set  $A$  is  $10^{-108} \delta^{44}$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$ , then  $A$  contains a corner by Theorem 4. If the set  $A$  is not  $10^{-108} \delta^{44}$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$ , then, by Proposition 2, the sets  $J_1$  and  $J_2$  have the subsets  $I_1$  and  $I_2$  such that these subsets and the subset  $A' = A \cap (I_1 \times I_2)$  of  $A$  satisfy conditions (i)–(iii). Moreover, condition (ii) can be replaced by the stronger condition  $|A'| \geq (\delta + 10^{-9000} \delta^{3500}) |I_1| \cdot |I_2|$ .

We then proceed to prove the theorem. Suppose that the set  $A \subseteq \{1, 2, \dots, N\}^2$  has the cardinality  $\delta N^2$  and contains no corners. We set  $E_1 = \{1, 2, \dots, N\}$  and  $E_2 = \{1, 2, \dots, N\}$ . Then  $E_1$  and  $E_2$  are 0 uniform. By assumption,  $N \geq 10^{10} \delta^{-4}$ . Arguing in the same way as at the beginning of the proof of Theorem 3, we find the subset  $A'$  of  $A$ ,  $G_1 \subseteq E_1$ , and  $G_2 \subseteq E_2$  such that conditions (i)–(iii) hold,  $|G_1| = \beta_1 N$ , and  $|G_2| = \beta_2 N$ . The set  $A'$ , as well as  $A$ , contains no corners, and its density  $\delta_1$  in  $G_1 \times G_2$  is at least  $\delta + 10^{-9000} \delta^{3500}$ .

Let  $\zeta = 10^{-10000} \delta^{3500}$ . Consider the function  $\alpha(s) = 10^{-660} (\zeta \beta_1 \beta_2)^{48} \delta^{264} s^{48}$ , and let  $a = \alpha(\zeta \beta_1 \beta_2)$ . According to the conditions of the theorem,  $N \geq (C a^{c_1})^{-(1/c_2)^{1/a}}$ ; therefore, we can apply Proposition 3 to the sets  $G_1, G_2$ , and  $A'$ . According to this proposition, there exist a regular square  $P = P_1 \times P_2$ , with  $|P| \geq N^{c_2^{1/a}}$ , and the sets  $R_1$  and  $R_2$  such that  $R_1 \subseteq (G_1 \cap P_1); R_2 \subseteq (G_2 \cap P_2); |R_1| = \gamma_1 |P_1|; |R_2| = \gamma_2 |P_2|; |R_1 \times R_2| \geq \zeta \beta_1 \beta_2 |P|$ ;  $R_1$  and  $R_2$  are  $10^{-330} \gamma_1^{24} \gamma_2^{24} \delta^{132}$  uniform in  $P_1$  and  $P_2$ , respectively; and  $\delta_{R_1 \times R_2}(A') \geq \delta_1 - 4\zeta$ . The density of  $A$  in  $R_1 \times R_2$  is at least  $\delta_1 - 4 \cdot 10^{-10000} \delta^{3500} \geq \delta + 10^{-10000} \delta^{3500}$ .

We apply the same argument to the regular square  $P$ ; the  $10^{-330} \gamma_1^{24} \gamma_2^{24} \delta^{132}$  uniform sets  $R_1$  and  $R_2$ , where  $R_1 \times R_2 \subseteq P$ ; and the set  $A'' = A' \cap (R_1 \times R_2)$ . We can repeat this procedure several times.

Since the density of  $A$  in the sets  $R_1^{(i)} \times R_2^{(i)}$  increases by  $10^{-10000} \delta^{3500}$  at each step, the density of  $A$  in these sets tends to 1. In other words, after a certain number of steps, we obtain a regular square  $\mathbf{P} = \mathbf{P}_1 \times \mathbf{P}_2$  and  $10^{-330} \pi_1^{24} \pi_2^{24} \delta^{132}$  uniform sets  $\mathbf{R}_1$  and  $\mathbf{R}_2$  such that  $|\mathbf{R}_1| = \pi_1 |\mathbf{P}_1|, |\mathbf{R}_2| = \pi_2 |\mathbf{P}_2|$ , and  $A \cap (\mathbf{R}_1 \times \mathbf{R}_2)$  is  $10^{-108} \delta^{44}$  uniform with respect to the basis  $(\mathbf{e}_1, \mathbf{e}_2)$  in  $\mathbf{R}_1 \times \mathbf{R}_2$ . If

$$|\mathbf{P}_1| = |\mathbf{P}_2| \geq 10^{10} (\delta^4 \pi_1 \pi_2)^{-1}, \tag{8}$$

then  $A$  contains a corner by Theorem 4. It is easy to verify that the total number of steps in this iterative procedure does not exceed  $O(\delta^{-\bar{c}})$ , where  $\bar{c} > 0$  is an absolute constant. Moreover, the cardinalities of the progressions  $P^{(i)}$  and  $P^{(i+1)}$  at the  $i$ th and  $(i+1)$ th steps are related by

$$|P^{(i+1)}| \geq |P^{(i)}|^{\kappa_0^{(1/\delta)^{\delta^{-K}}}},$$

where  $0 < \kappa_0 < 1$  and  $K > 0$ . We have  $N \geq \text{expexpexp}(\delta^{-c})$ . A simple calculation shows that this condition ensures the fulfillment of inequality (8) at the last step of the procedure.

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